



Eesti Tervise Fond

Activity Report 2008

The Estonian Health Foundation focused on various projects and their management in 2008.

In spring 2008, the search and training of project managers was begun and several projects were written for the benefit of Estonian health. The Estonian Health Foundation participated in the development of early detection of cancer campaign with the Baltic FCB in the public procurement announced by the Estonian Health Insurance Fund, but unfortunately their tender became second.

On November 7, 2008, at the initiative of Prof. Margus Viigimaa, Tallinn 2nd Heart Conference "Man's health" which involved almost 400 people was held. The topic of man's health continues to be important in the activity of the Estonian Health Foundation. At the conference, the doctors of the Estonian Health Foundation, Dr. Olev Poolamets, Dr. Imre Rammul, Dr. Anu Kasmel, Prof. Viigimaa and Dr. Eero Merilind spoke. An interesting presentation was also given by Janek Mäggi. The conference was opened by the speech of Evelin Ilves, the patron of the Estonian Health Foundation. The topic of man's health was also reflected on TV, on the radio and in media. Two opinion articles from Janek Mäggi and Eero Merilind were also published. The Man's health project also got financial assistance from the Gambling Tax Council.

From May 2008 till November 2008, in cooperation with the Estonian Diabetes Association, the diabetes early detection project took place, in which 15 family doctor centres and regional organisations of the Estonian Diabetes Association participated. The risk of diabetes was assessed with the respective questionnaires and activities among 5983 people. The project was supported by the Gambling Tax Council and it was recognized as the Best Act of the Year by the Estonian Diabetes Association.

In July 2008, the project was submitted to the European Structural Funds in order to apply for money for the development of the learning medium of health online, which was approved upon assessment of project applications. The financing available in 2009 enables to invest about 2 million Estonian kroons for creating an e-training environment of the doctors and nurses and for organising the medical trainings. Free of charge environment can also be used for increasing the patients' health awareness and improving the general health of Estonian people.

By means of the second project written to the European Structural Funds, the doctors and patients can be taught how to use e-environments and how to distribute health information on Internet.

In 2008, the activity for producing the Health broadcast planned by the Estonian Television was begun. The planned broadcast should go on the air on February 2, 2009 and the advisory work group involves Prof. Margus Viigimaa and Dr. Anu Kasmel.

At the beginning of 2009, the meetings with the ambassador of the Netherlands will be held for the purpose of developing cooperation related to health projects between Estonian and the

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Netherlands and the starting and continuation of various projects (diabetes project, man's health round table, HIV topic) will be planned.

Eero Merilind Member of the Management BoardJanuary 15, 2009

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